

Identify the key aspects of current legislative requirements and codes of practice relevant to your subject and the type of organisation within which you would like to work

At present there is no specific legislature relating to holistic health and wellbeing because complementary and alternative health are self not statutorily regulated. Therapies explored within the holistic health and wellbeing course; namely reflexology, aromatherapy and homeopathy; operate within their own codes of practice which relate to the ethical actions of the therapist in any situation including teaching and sharing the benefits of such therapies through consultation. Aromatherapy teaching must however take into consideration legislation regulating the use of potentially harmful oils:

- Control of substances hazardous to health 2002 (COSHH)
 - Good management which help assess risks, implement any measures needed to control exposure and establish good working practices

There is however legislature which cross-cut organisations and must be observed regardless of regulation such as:

- Equal opportunities act
- Data protection act 2007
 - Safeguards the fundamental rights of individuals with regard to the processing of personal data and its free movement
- Health and safety at work act 1974
 - Protecting others against risks to health and safety in connection with the activities of persons
- Special educational needs and disabilities act 2001 (an amendment to the Disability discrimination act 1995)
 - Making it unlawful to discriminate against disabled persons in employment and the provision of goods and facilities

Offering the holistic health and wellbeing course within community centres and further education environments means being aware of legislation specific to those settings which make provision about quality standards, independence, wellbeing and choice relating to the way in which services are delivered

- Further education and training act 2007
- The health and Social care (community health standards) act 2003
- Our health, our care, our say: a new direction for community services 2006
- Choosing health: making healthy choices easier 2004
- FENTO standards for teaching and supporting learning in further education

Holistic Health and Wellbeing

- Office for standards in education (Ofsted)
- Employment equality (age) regulations 2006 – vocational training
- Learning and skills act 2000